

Questions from the Doctor

Do you have a family history of cancer?

Do you have a family history of diabetes?

Have you ever had a reaction to a medicine?

Do you catch a cold more than once a year?

Do you ever get headaches? Do you get migraine headaches?

Do you exercise? What kind of exercise do you do? How often?

Do you go for regular medical check-ups?

Do you have a lot of stress? How do you manage your stress?

Do you have allergies?

Do you take vitamins or mineral supplements?

Do you usually get enough sleep?

Have you ever been hospitalized?

Have you ever broken a bone?

Have you ever had surgery?

Have you ever donated blood?

Have you ever had stitches?

Do you ever take medicine to help you sleep?

What's your blood type?

Do you eat well?