

Talking with the Doctor

Doctor: Hi Ana. How do you feel today?

Ana: I don't feel well. _____ a terrible _____.

Doctor: How long have you had a headache?

Ana: I _____ had a headache for _____.

Doctor: Do you have any other symptoms?

Ana: Yes, I _____ nauseous and I feel very sensitive to light. I am also _____.

Doctor: Ok. How many hours do you sleep at night?

Ana: I _____ about _____ a night.

Doctor: I see. Do you exercise?

Ana: I _____ to _____ often, but sometimes I am too _____.

Doctor: Do you eat healthy food?

Ana: I like to _____ and dairy, but I do not _____ vegetables or _____
_____. I know I eat too _____ sugar.

Doctor: Do you smoke?

Ana: No, I _____.

Doctor: Great...

Ana: _____?

Doctor: It sounds like you have a migraine.

Ana: What _____ I do to feel _____?

Doctor: You can take a prescription medicine and try to sleep a lot. Sleep in a cool, dark room.

Ana: Why is it _____ for me to take prescription _____?

Doctor: The medicine will help you feel better so you can go to work, study and take care of your family. If you do not take the medicine and you do not sleep your migraine will continue.

Ana: Ok, _____ very much, Doctor.

Doctor: You can pick up your prescription before you leave the clinic. Try to exercise more. This will help relieve stress and you will feel more relaxed. You should try to eat less sugar as well.

Ana: Ok, _____.