

Urgent Care and Emergency Room

It's very important to understand when to go to Urgent Care and when to go to the Emergency Room. Read page 9 in the *Staying Healthy* textbook and think about what we discussed in class.

1. Usually, where is the Emergency Room located?
 - a. In a hospital
 - b. In a clinic
 2. Usually, where is Urgent Care located?
 - a. In a hospital
 - b. In a clinic
 3. Do you need an appointment to go to the Emergency Room or Urgent Care?
 - a. Yes
 - b. No
 4. Do you have to show proof of citizenship or insurance to go to Urgent Care or the Emergency Room?
 - a. Yes
 - b. No
 5. What are the differences between Urgent Care and the Emergency Room?
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6. If you have insurance, what should you remember when you go to the Emergency Room?
 - a. Go to the closest Emergency Room
 - b. Go to the Emergency Room that your Health Insurance pays for

7. If you don't have insurance, how can you get help paying your bill for the Emergency Room or Urgent Care?
 - a. Call the hospital after you go to the Emergency Room or Urgent Care. Fill out the application for the Community Assistance department at the hospital.
 - b. Tell the main desk when you go to the Emergency Room or Urgent Care.

Read the following stories. Decide as a group if you should go to the Emergency Room, Urgent Care or wait to talk to a doctor or nurse.

1. At 3:00 pm your son falls down playing soccer and hurts his leg. The bone is not pushing out of his skin, but he cannot walk on that leg. He is in a lot of pain. What should you do?
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2. It is 5:00 pm and you cannot breathe well. You feel a lot of pressure in your chest and your arm hurts a lot. What should you do?
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3. You have asthma and it is 8:00 pm. You are having trouble breathing, but your chest does not hurt. What should you do?
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4. Your daughter fell off a chair and hit her head. She is vomiting and wants to go to sleep. What should you do?
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5. It is 3:00 am. You wake up in the middle of the night because your baby is crying. She has a fever of 101 degrees and looks very uncomfortable. What should you do?
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