

Chronic Diseases

Read each description. Write the name of the chronic disease (asthma, diabetes, heart disease) that matches the description. You may write more than one disease.

1. A person with this disease will have trouble breathing. _____

2. A person with this disease has too much or too little sugar in his or her blood.

3. More people in the US die from this disease than any other sickness.

4. Smoking increases the risk of having this disease.

5. This disease may have no warning signs. _____

6. A person with this disease is at risk for heart attack and stroke.

7. This disease is caused by arteries that are blocked so that blood does not move freely.

8. A person with this disease may need to take insulin to control the sugar in his or her blood.

9. A person that is overweight or obese is at increased risk to have this disease.

10. Family history is a very important risk factor for this disease.

