

Dental Health

Think about the presentation. What did you learn? What habits do you want to change?

1. I should brush my teeth _____ time per day.
2. I brush my teeth with a _____ brush.
3. I should floss my teeth _____ times per day.
4. I should go to the dentist every _____.
5. I need to eat _____ sugar every day.
6. Plaque is _____.
7. Plaque and sugar on my teeth make _____.
8. Do breast milk and baby formula have sugar? Yes No
9. I should begin to brush my baby's teeth when _____.
10. Children should drink bottles of _____.
11. Should babies go to bed with bottles of breast milk or formula? Yes No
12. Gingivitis is _____.
13. Unhealthy teeth can affect _____.



14. I need to make changes in my dental health habits.

- a. _____
- b. _____
- c. _____

15. My children need to change their dental health habits.

- a. _____
- b. _____
- c. _____

