

Health Survey

Adapted from *Staying Healthy: An English Learner's Guide to Health Care and Healthy Living*
created by the Florida Literacy Coalition

1. What is your name? _____
 2. What is your sex?
 - a. Male
 - b. Female
 3. When should you see a doctor?
 - a. Only when you are sick
 - b. When you are sick and for a yearly check-up
 - c. Only in emergencies
 4. Who should go to the doctor for a yearly check-up?
 - a. Children
 - b. Everyone
 - c. People with bad health
 5. What is a health history form?
 - a. A form you fill out at your check-up to tell the doctor about the health problems you and your family have
 - b. A list of questions for your doctor
 - c. A list of things you are worried about
 6. What can you do if you don't understand the doctor or nurse?
 - a. Ask for an interpreter
 - b. Ask your friend to go with you to the clinic or hospital
 - c. Listen politely, even if you don't understand everything
 7. Do you need to have a prescription to buy over-the-counter medicine?
 - a. Yes
 - b. No
 8. Where can you go in our community to get free or low cost health care?
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9. Who can you ask if you have questions about a medicine?
- a. Your friend
 - b. Google
 - c. The pharmacist
10. What does “take one pill twice daily” mean?
- a. Take one pill in the morning and one pill in the evening
 - b. Take half of one pill in the morning and the other half at night
 - c. Take two pills in the morning
11. Read the following prescription and answer the questions below:

GARFIELD, ANA MARIA
16 Apr 2009

RX# FF941858 Dr. LUBIN, MICHAEL

PENICILLIN VK
250MG/tablet 30 round white tablets

Take one tablet by mouth three times a day
for ten days.

0 Refills. Discard by April 15, 2010

- i. How many pills will Ana Maria Garfield take each day?
 - a. 30
 - b. 16
 - c. 3
- ii. What is the expiration date?
 - a. April 2009
 - b. April 15, 2010
 - c. Ten days
- iii. If Ana Maria Garfield follows the direction on this prescription, how many pills will she have left after 10 days?
 - a. 30
 - b. 0
 - c. 3

12. When should you call 911?

- a. In an emergency
- b. If you need a ride to your clinic appointment
- c. Never

13. If your nose is full and you cannot breath through your nose, you are:

- a. Congested
- b. Constipated
- c. Dizzy

14. What is one responsibility you have to take care of your health?

15. What is one right you have to take care of your health?
